



THE SPOKES SPEAK - GEARED TO SERVICE

Rotary Club of the North Fork Valley

POB 1543, Paonia, CO 81428

WEB SITES: www.rotary.org www.rotary5470.org www.paoniarotary.org

Meeting Thursdays at Noon in the Paonia Town Hall

District 5470

Club 1180 - Chartered 12/20/22

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LAST MEETING: August 17, 2017

ANNOUNCEMENTS: Doris Danielsen will host 5th Thursday on August 31.

Poulos Park committee will meet with the Paonia town manager soonest.

The ducky derby grossed \$4800 so far. Susie Coombe suggested the event be held during Mountain Harvest Festival weekend next year, and that the club partner with some other non-profits in organizing it. Ms. Coombe is looking for a new event chairperson to whom she can pass the baton.

Upcoming membership seminar, Saturday, August 26, 9 - noon at the Delta United Methodist Church at 477 Meeker St. Go to www.Rotary5470.org to register.

Put some posts on the Club's facebook page.

Remember to feed the polio jar. Also, pay your dues.

PROGRAM: Glenn Dahlgren introduced Poppy Lightfoot, a junior at Paonia HS, and Nolan Egging, a senior at Hotchkiss HS, to report on their RYLA (Rotary Youth Leadership Award) weekend. Each started their presentation by thanking the club for supporting their attendance at RYLA, which was held at Colorado Mountain College in Glenwood Springs. 76 students from our Rotary district attended.

Egging: The weekend was a lot of fun. He started off thinking he was anti-social, but he made a lot of friends. At school he plays football and is on student council

Lightfoot: She gave a shout out to her three roommates whom she characterized as strong, sassy and different.

Egging: They all had a schedule of courses and other events they took part in. He looked at the high ropes course, and thought it would be a "piece of cake", but soon lost his cockiness when he discovered the amount of teamwork required to complete it. "You have to trust people you don't know." The low rope course required a lot of teamwork to get his entire team across it. He discovered it is OK to get help from others and let others lead. Some of their group discussions were morality tests, to which they tried to apply the Rotary 4-way test (which he recited from memory; can you do that? -ED).

Lightfoot: At first she was feeling shy, though she did not know why. At school she participates in 3 sports, helps with Kids Pasta Project, and works at a grocery store where she has to deal with people. She too discovered how to trust those she did not know. "Never give up on something you care about even though others say you can't do it." Several discussions focused on moral/immoral, effective/ineffective situations and listening to differing points of view about how to deal with such situations.

Egging: In one exercise, we were asked to give tokens to people in the group who had had a positive effect on us. When I received tokens, I realized I had done something for another person, but

had not recognized it at the moment. We talked a lot about what we had learned in our small groups.

Lightfoot: Though I am a leader, I am also a follower. I got pushed out of my comfort zone at RYLA. She read a short essay on how falling can be seen as a positive. Leaves, shooting stars, and snow all fall and are beautiful. Even a man who fell off a ladder and became a quadriplegic helped bring an entire county together to support his needs. “As a leader, I am just becoming one.”

Egging: How you do anything is how you do everything. Do little things well. You don’t always have to be the leader. You can be the follower too. Never give up on your dreams. You have to go through hardships and trials to get to your dreams.

ROTARY INTERNATIONAL: August is Membership and Extensions month. Muslim and Christian women work together to prevent dengue fever in Indonesia. In a world where intolerance and violence fueled by religious differences are seemingly increasing, one Rotary club in Indonesia is showing how diversity can help prevent a pandemic threat. When the Rotary Club of Solo Kartini in Surakarta, Indonesia, formed 25 years ago, its members drew criticism from the predominantly Muslim community. The club’s members were mostly Christians, atypical for a country where more than 80 percent of the population is Muslim. Religious leaders were skeptical of Rotary’s secular mission and wary of intrusion. Undeterred, the club started recruiting more members. Today, the 72-member, all-female club includes both Muslims and Christians. And the effort they have put into breaking down barriers and fostering respect and understanding among club members has reinforced the club’s capacity to address dengue fever, one of the biggest public health threats in tropical cities like Surakarta.

Dengue fever is a virus transmitted by mosquitos that flourish in tropical urban environments like Surakarta. There is no effective treatment; once infected, victims experience sudden high fevers, severe headaches, joint and muscle pain, fatigue, nausea, and vomiting. Killing mosquito larvae that collect in bath tubs is a significant step in stemming the disease. In collaboration with the Rotary Club of Westport, Connecticut, USA, and the local ministry of health in Surakarta, the Muslim and Christian club members have been able to help reduce the risk for dengue fever by interrupting the breeding cycles of carrier mosquitos. “Our main focus is to educate and invite people to be aware of health issues, hygiene, and the importance of a clean environment,” says Rotarian Indrijani Sutapa, one of the dengue project leads. “This takes a very long time to teach.”

“Rotary has a very diverse membership, and we can be examples to others in the way we work. After all, when we give help, we do not ask about the religion of the person. We think in a much more global way,” says Rotarian Febri Dipokusumo. “And we try to foster relationships with people who may have different beliefs or thoughts. We can become friends here in Rotary. Maybe this way, we can inspire Indonesia and the world.”

UPCOMING MEETINGS:

Aug 24 – Anita Evans, the Nature Conservancy - The Evolution of Outdoor Education

Aug 31 – Fifth Thursday evening social at Doris Danielsen’s home

Sept 7 - Quarterly business meeting

Sept 14 - Elyse Ackerman-Casselberry, Community and Economic Development Director, Delta County

Sept 28 – Lisa Ganora, Director of CO School of Clinical Herbalism



**ROTARY:
MAKING A
DIFFERENCE**

