



## **THE SPOKES SPEAK - GEARED TO SERVICE**

### **Rotary Club of the North Fork Valley**

POB 1543, Paonia, CO 81428

WEB SITES: [www.rotary.org](http://www.rotary.org) [www.rotary5470.org](http://www.rotary5470.org) [www.paoniarotary.org](http://www.paoniarotary.org)

Meeting Thursdays at Noon in the Paonia Town Hall

District 5470

Club 1180 - Chartered 12/20/22

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LAST MEETING: June 15, 2017

**ANNOUNCEMENTS:** Many thanks to Phyllis and Ashley for our meals, especially for the extra effort they put into the membership recruitment event at Wisheart. Two folks who attended were at the club meeting today and are considering joining the club.

Thanks to Marsha for taking charge of the pancake breakfast.

Poulos Park cleanup scheduled for 6/30 at 7:30 am. Our guest, Ben Lehman, said the park is being wrecked. We will consult with the town manager about resolving problems.

The club will lack a President Elect when James Schott is installed as President on June 22. Schott encouraged members to think about doing more than just socializing on Thursdays. What the BOD and RI do behind the scenes is what keeps our club going. It is important to get members into the leadership pipeline on a regular basis, so we are moving along naturally as a service organization.

There will be a lecture on the American Health Care System at 3 pm, 6/25 at the Paradise Theatre. 6/29 at 6 pm will be a fifth Thursday social at the Thompsons' home.

Kate Zachman was recognized for receiving her third Paul Harris donation level. Because of the current 6.5 times match available in our district, Kate's \$154 contribution to Polio Plus was multiplied to \$1001. She encouraged all of us to take advantage of this huge matching program in support of eradicating polio.

Randy Campbell gave a report on how we are spending club funds on scholarships. We voted a year ago to donate \$3200 to the North Fork Ambulance Association (NFAA) to support volunteers seeking to become advanced EMTs. Currently there are no volunteers eligible for this training, but there is need to support new EMTs. By a vote of the club members, these funds will be made available to NFAA to support any scholarship need.

Randy Campbell is looking for a replacement as program committee chair to join Betsy Marston and Lisa Delaney, who are the other committee members. Give speaker ideas to committee members.

Felix Belmont wants to step down as club secretary. Somebody else needs to step up.

The club's facebook page is up. Put some posts on it.

Remember to feed the polio jar. Also, pay your dues.

**PROGRAM:** Marsha Grant introduced Jim Brett to speak about Slow Food Western Slope. Slow Food is a social organization that inspires people to change the world through the promotion of good, clean, fair food. There are 155 chapters of this organization, the smallest and most rural of which is the local one. Current activities include a book club that meets October to April and, the promotion of bio-diversity through an Ark of Taste, a K - 8 garden at Hotchkiss elementary and middle school. At

Mountain Harvest Festival, Slow Food presents Disco Soup, a meal of ingredients that can't be sold because they are misshapen or blemished, but are still perfectly healthy. There will be a huge Slow Food Nations festival in Denver, July 14-16 with a number of tasting events, workshops, and demonstrations, some of which are free to the attendees.

Slow Food began with Terra Madre, which holds an international gathering in Turin, Italy every other year. Members of the local Slow Food have attended this event and it "changed their life" Brett claimed. Whereas Slow Food began with a focus on grains, fruit and vegetables, there have now been some spin-offs, starting with emphasis on less meat of better quality. Next was Slow Fish; Slow Beer in Mexico; Slow Pinot in Oregon.

The Ark of Taste promotes distinctive food that may be near extinction. It brings back heritage seeds to avoid mono-culture and provide for bio-diversity.

[Editor's note: My understanding of "Slow Food" is it contrasts with "Fast Food". Slow Food starts with healthy ingredients and sometimes takes a while to prepare. It also encourages people to take time to savor what they eat and to socialize during meals. Comments?]

**ROTARY INTERNATIONAL:** June is Rotary Fellowships month. Part of being a Rotarian is knowing what the organization - Rotary International - stands for, and then, in fellowship with others, trying to live up to it.

We start with our motto, "Service Above Self".

Next is "The Object of Rotary". The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

First, the development of acquaintance as an opportunity for service;

Second, high ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

Third, the application of the ideal of service in each Rotarian's personal, business, and community life;

Fourth, the advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

#### UPCOMING MEETINGS:

June 22 - Quarterly business meeting

June 29 - 5<sup>th</sup> Thursday at the Thompsons

